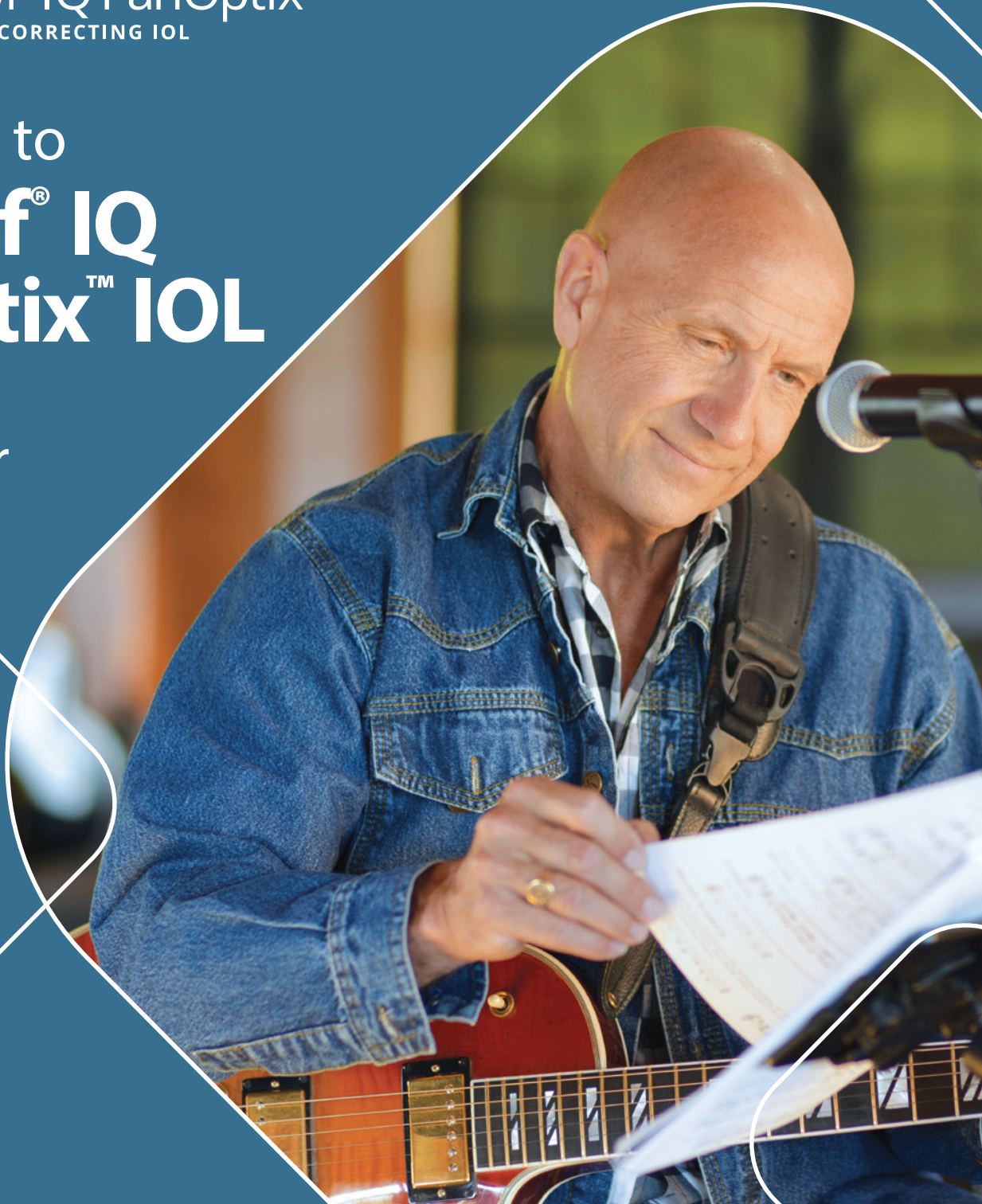




AcrySof® IQ PanOptix™
PRESBYOPIA-CORRECTING IOL

Your guide to
**AcrySof® IQ
PanOptix™ IOL**

Lenses to
Match Your
Lifestyle



Alcon A Novartis
Division

AcrySof® IQ PanOptix™ IOL

The next-generation trifocal from the global leaders in eye care

What are cataracts and how are they treated?

Cataracts occur when the lens of the eye becomes cloudy with age.¹

Symptoms include:

- Blurry vision
- Dull, yellowish colours
- Glare from lights
- Poor night vision¹

Cataracts are treated with surgery to replace the old lens with an artificial one called an intraocular lens (IOL).¹

What is AcrySof® IQ PanOptix™ IOL?

AcrySof® IQ PanOptix™ IOL is an intraocular lens designed to provide you with clear vision for near (40 cm), intermediate (60 cm), and far (100 cm and beyond) distances without glasses. Because AcrySof® IQ PanOptix™ IOL helps with all 3 distances, it is sometimes called a “trifocal” or “multifocal”.²

Why has my eye surgeon recommended AcrySof® IQ PanOptix™ IOL?

Your surgeon has recommended the AcrySof® IQ PanOptix™ IOL lens to help approximate normal vision at near, intermediate and far distances.^{2,3}





After receiving AcrySof® IQ PanOptix™ IOL, will I have the vision I had in my thirties before reading glasses?

There is no intraocular lens that exactly mimics a young eye. But multifocal lenses offer the latest advances in vision technology. They are designed to enhance your lifestyle by providing clear vision at near, intermediate and far distances.^{2,3}

Will having AcrySof® IQ PanOptix™ IOL lenses mean I never have to wear glasses or contact lenses again?

AcrySof® IQ PanOptix™ IOL is designed to provide good vision in most day-to-day situations without the need for glasses.² You may find that your vision for a few detailed tasks (e.g., reading small print) can be optimised further by wearing glasses. This is common to all intraocular lenses.²

Premium Lens Technology to Match your Lifestyle

AcrySof® IQ PanOptix™ IOL is designed to give you the ability to see clearly at near, intermediate and far distances.²



Near vision (40 cm)

- Reading a book or menu
- Using a cellphone
- Sewing



Intermediate vision (60 cm)

- Using a computer⁵
- Seeing clearly in the mirror while shaving or putting on makeup
- Playing board games



Far vision (100 cm and beyond)

- Driving
- Watching TV
- Attending concerts or sports events

After surgery What can I expect from my AcrySof® IQ PanOptix™ IOL lenses?

Day 1-2 after surgery

Ask your eye surgeon how to care for your eye after surgery, when you can return to your usual activities, and what to watch for (including signs that you should contact your surgeon).

You will have a follow-up appointment a day or two after your surgery⁷

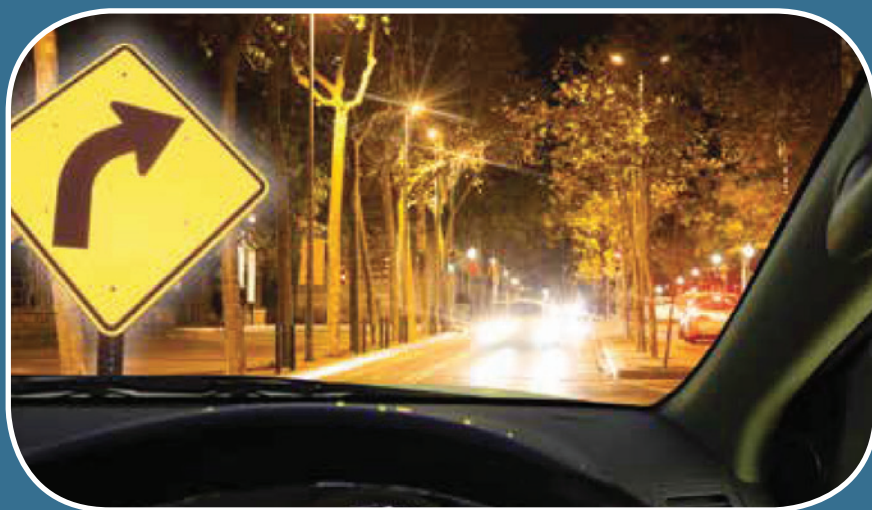
- If surgery is on your first eye, your vision might not feel completely clear until your second eye is treated.
- If this is your second eye, most people find they have good vision at near, intermediate and far distances within a few days of surgery.

Things you may notice in the first day or two:

- Some glare with bright lights
- Halos around lights, especially at night²

Many people barely notice the glare and halos at all or feel they can ignore them. Some people notice them all the time, and a few are significantly bothered by them.⁹

Your brain is generally able to adapt and the glare and halos will become less noticeable over time.⁷



This picture demonstrates what glare (streetlights and car headlights) and halos (road sign and white stripe on the edge of the road) might look like.

More than 1 week after surgery

Some people find they take a little longer to adapt to their new vision than others.

- This occurs while the brain learns to see through the new lens.
- It can take from a few days to several months.
- Very occasionally your surgeon may recommend a minor “touch up” procedure to refine your vision.

Once your vision has settled, you can enjoy various activities without reaching for your glasses, including:

- Reading a book indoors or outside
- Ordering from a handheld or blackboard menu
- Seeing clearly in the mirror when shaving or putting on makeup
- Wearing only non-prescription sunglasses while driving

Year 1 after surgery and beyond

It is unlikely your vision will change significantly in the years after your surgery.

Have your vision and eye health tested:

- at least every 2 years if you are under 65
- at least annually if you are 65 and over
- if you notice any changes in your vision⁸



Doctor Discussion Guide

Use this guide to help you prepare for your next appointment

Visit seethefullpicture.ca to learn more about AcrySof® IQ PanOptix™ IOL.

Getting ready for your appointment:

1. Whenever you think of a question to ask, write it down on this guide.
2. Consider bringing a friend or family member to your appointment.
3. Bring a pen or pencil and use it to take notes on this guide.
4. Leave yourself plenty of travel time to reach your appointment.

Questions for your eye surgeon:

1. Why have you recommended the AcrySof® IQ PanOptix™ IOL lens for me?
2. What will my vision be like after the surgery?
3. Will I still need to wear glasses or contacts after the surgery?
4. What are the risks of surgery?
5. How long does the surgery take?
6. How should I prepare for the surgery (e.g., do I need to stop any of my medications)?
7. How do I care for myself after the surgery?
8. When can I return to my usual activities?
9. What are the signs of complications, and what should I do if they occur?

10. Other: _____

11. Other: _____

12. Other: _____

Notes:

Surgeon name and contact information:

Next appointment:



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References:

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5. Charness N, Dijkstra K, Jastrzembki T, et al. Monitor viewing distract for younger and older workers. Proceedings of the Human Factors and Ergonomics Society 52nd Annual Meeting, 2008. http://www.academia.edu/477435/Monitor_Viewing_Distance_for_Younger_and_Older_Workers. Accessed May 9, 2015.
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